

Blue Heron Restaurant
112 North Main Street
Sunderland, MA 01375
413.665.2102 Fax 413.665.2103
www.blueherondining.com

Cara & Tracey's Buffet Wedding Menu

~Passed Hors d'Oeuvres~

Indian Spiced Lamb Lollipops
Vegetarian Summer Rolls with Chili Lime Dipping Sauce
Asparagus & Smoked Salmon Tartlet
Chicken Sate with Peanut Sauce
Blinis with Sundried Tomatoes and Olive Caviar
Cucumber & Red Pepper Inside Out Maki Rolls

~Stationary Hors d'Oeuvres Table~

Mediterranean Antipasto
*Grilled & Roasted Seasonal Vegetables, Tuscan Bean Puree, Roasted Olives,
Calamari Salad, Assorted Domestic & Imported Cheeses, Salami & Prosciutto,
Caponata and Crostinis*

~Salad~

(Present on Table)
Mixed Organic Green Salad
Rice Wine Vinaigrette

~Buffet~

Pan Seared Grouper
Plum Butter Sauce garnished with Curly Scallion & Fried Noodles
Seared Beef Tenderloin with Ginger Demi Glaze
Asian Stuffed Portabello Mushroom
Mashed Parsnip & Potato with Sesame Oil
Fresh Local Asparagus
Sugar Snap Peas
Baskets of Rustic Breads & Butter served at the Table

~Dessert~

Wedding Cake
Served with Fresh Berries

Coffee & Tea Service