

# Blue Heron Restaurant & Catering

112 North Main Street Sunderland, MA 01375

## Valentine's Day (Aphrodisiac) Menu

Tuesday, February 14, 2012

### First Course

(Please Choose One)

#### Trio of Oysters

Oyster Bacon Chowder, Blue Heron Pan Fried Oyster  
Oyster on the Half Shell with Pomegranate Mignonette

#### Beef Carpaccio

Truffled Fennel and Orange Salad

#### Caesar Salad with Hearts of Palm and Sugared Bacon

Shaved Parmesan, Housemade Garlic Croutons and Housemade Caesar Dressing

#### Lemon Tagliatelle Pasta

Poached Figs, Leeks, Lemon and Robiola Cheese

#### Tuna Tartare and Salmon Gravlox

Pickled Onions, Olive Oil, Lemon and Lime Zest, Cucumber Salad, Potato Crisps

#### Luscious Cheese Fondue for Two

Gruyère, Mt. Ascutney, Appenzella Cheeses

Served with Poached Fingerling Potatoes, Apple, Cornichons, Baquette

### Second Course

(Please Choose One)

#### Grilled Rosemary Mahi Mahi and Seared Scallops

Red Wine and Honey Tomato Reduction, Lemon Parmesan Risotto

Sauteed Asparagus and Sweet Baby Carrots

#### Grilled Creekstone Filet Mignon

Port Demi Glace, Exotic Mushroom Compote with White Truffle Oil

Thyme Kissed Whipped Potatoes, Sauteed Asparagus and Sweet Baby Carrots

#### Pan Seared Scottish Salmon Filet

Champagne Butter Sauce, Ginger Scallion Relish, Herb Oil

Lobster Whipped Potatoes, Sauteed Asparagus

#### Pan Seared Breast of Duck

Roasted Shallots, Rich Duck Pomegranate Jus

Duck Confit Potato Cake, Sautéed Asparagus

#### Vegetable Risotto

Asparagus, English Peas, Sundried Tomatoes

Aruqula, Basil and Marcona Almond Pesto, Parmesan Crisp

### Third Course

A Selection of Blue Heron Desserts

\$55.00 per person

(tax and gratuity not included)